



Sample Lesson Plan

Understanding Immigration Issues and Challenges



Grade Level

High School

Video Segment

connectwithkids.com/our-work/stories-that-inspire/

Discussion Questions

1. What were the challenges Guadalupe faced in her immigration to the United States? How did she deal with those challenges?
2. What does Guadalupe mean when she says, "Nothing that is worth it is easy"?
3. How does this story affect your view of what it means to be an immigrant?

Essential Question

How is the immigrant experience about learning how to manage obstacles?

Activity

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Activity

The Ultimate Travel Journal

Materials

- Paper and writing tools or computer access for journal writing

Activity Guidelines

1. Discuss the different groups of people who fall under the title of “immigrant” in the community, the region, and the country. Why do people leave their homes and come to the United States today? Why did they come here in the past? What do these two groups of immigrants have in common?
2. Explain that students will write a journal from the point of view of an immigrant who moves to the community.
3. Each journal must have a minimum of four (4) entries on different topics. Select topics from the following list or generate original prompts:
 - Where are you from and how and why did you come to the United States?
 - What obstacles might you encounter as an immigrant?
 - What resources are in the community that might help you? How do those resources work for you?
 - What personal qualities do you need to call on to find success in your new home?
 - Guadalupe said, “Feel and hear the pain.” What is your mantra and how does it help you in your new home?
 - What are your hopes and dreams for the future? What is your plan to make them come true?
 - What would you like to say to our political leaders about the immigrant experience?
 - Compare and/or contrast your experience to the experiences of an American immigrant at the turn of the 20th century.
4. Set a time frame for working on the journals and a due date.
5. On the due date, ask students to share what they learned about their own personal views on immigration and how this exercise either solidified or changed their opinions on immigration.

Conclusion

Review what it takes today to be an immigrant in the United States. Ask students to discuss how the immigrant experience is about learning to manage obstacles.